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The elite young athlete: strategies to ensure physical and emotional health Todd M Sabato, Tanis J Walch, Dennis J Caine Department of Kinesiology and Public Health Education, University of North Dakota, Grand Forks, ND, USA Abstract: This article presents a current review of the risk of physical and psychological injury associated with ...

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The Elite Young Athlete - Table of Contents - Karger

Second tour intÃ©gral, Club Elite masculin J5, CRO Lyon contre Saint-Vulbas, Sport Boules, saison 2015-2016 07:38 Premier tour, tir rapide en double, Club Elite masculin J5, CRO Lyon contre Saint-Vulbas, Sport Boules, saison 2015-2016

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